

Relax...

Rejuvenate..

Receive...

MASSAGE THERAPY

AT

WARRIOR GOLF CLUB

Terri Lefebvre L.M.T
Lic#4107

For appointments, call
(704)458-7154

Relaxation Massage

Using gentle gliding strokes to help you relax, then moving deeper into the muscles using Swedish massage techniques.

Half Hour Session- \$30
One Hour Session- \$55

Therapeutic Massage

Neuromuscular treatment using tender point and trigger point therapy.

This massage concentrates on specific muscles, reducing pain and improving joint movement and flexibility.

Half Hour Session- \$40
One Hour Session- \$70

*The privacy of each client is respected
through proper draping and open
communication.*

Just a Few Benefits of Massage

- Eases tension and muscle aches
- Can relieve stress and reduce anxiety
- Improves flexibility and joint movement
- Improves circulation
- Strengthens immune system by increasing natural killer T-Cells

Gift Certificates Available

**A special gift for that special
someone!**

*Gift certificates are non
refundable, but are transferable.*

Cancellation/Reschedule

Please honor the 24 hour
cancellation policy. Your time is
reserved for you.

Cash and checks accepted